

Summer 2025 Camp Details

SLEEPAWAY PACKING LIST

REMEMBER TO LABEL EVERYTHING!

Make sure your young hero comes to camp with everything listed below.

GENERAL INFORMATION:

PLEASE NOTE: CAMP MYTHIK IS TECH-LIGHT ZONE – ONLY DIGITAL CAMERAS AND NON-VIDEO MUSIC PLAYERS ARE PERMITTED!

- We recommend packing your demigod's belongings in a soft duffle bag.
- Please pack enough clothing for the entire week - there will not be regular access to laundry.
- Please include your camper's first and last name on all belongings.
- Clothes and shoes can get muddy during our adventures. Please pack a garbage bag or several large Ziploc bags for wet or muddy clothing/shoes.

Essential Items:

- ☐ Your camp-issued sword
- ☐ Your Camp Mythik T-shirts
- ☐ 1 set of extra long twin sheets
OR a sleeping bag
- ☐ 1-2 pillows
- ☐ 1 blanket
- ☐ 2 shower towels
- ☐ 1 pair of sandals or water shoes
- ☐ 1 pair of sneakers
- ☐ Toiletries (toothbrush, toothpaste, soap, deodorant, shampoo, conditioner, hair comb or brush, shower caddy) (enough for 1 week)
- ☐ Sunscreen
- ☐ Bug spray
- ☐ 1 battery-powered flashlight
- ☐ 1 small, light backpack
- ☐ 1 laundry bag
- ☐ 1 reusable water bottle
- ☐ A book (or two or three?! We will be encouraging reading before bed!

Clothing:

- ☐ 7-10 pairs of underwear
- ☐ 7-10 pairs of socks
- ☐ 1 swimsuit (for boating and on-land water activities)
- ☐ 2 pajama sets
- ☐ 1 raincoat
- ☐ 1-2 sweatshirts
- ☐ 5 additional T-shirts
- ☐ 4-5 pairs of shorts
- ☐ 3 pairs of long pants
- ☐ 2 long-sleeved shirts

Please pack light layers – although the summer in NY can hit the 90s, cooler evenings and changing weather is likely.



MYTHIK CAMPS
JUNE 16, 2025 - AUGUST 22, 2025

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MEDICATION:

- If your child takes a medication (including vitamins and supplements) or carries an Epi-Pen/rescue inhaler, please document this information on your camper's Summer Registration Information Form via the Forms tab on your **Campsite Parent Dashboard**.
- All medications (with the exception of Epi-Pens and/or rescue inhalers) will be collected at drop-off on Monday morning. If your child is riding the bus to camp, their medication will be collected by a counselor upon boarding the bus; if you are dropping off your camper at the Taconic Outdoor Education Center, their medication will be collected by our Health Supervisor.
- Please store your camper's medication(s) in a Ziploc bag with their name clearly printed on the front. All medications should remain in their original container with the camper's name and dosage information clearly printed.

Extra Items:

- ☐ A piece of home (photos, notes, stuffed animals, etc.)
- ☐ Stationery
- ☐ A journal
- ☐ Extra books
- ☐ Cards or small games to play during down time
- ☐ Disposable or digital camera (no data or Wi-Fi access allowed)

Prohibited Items:

- ☐ Cell phones
- ☐ Video game devices

Prohibited Items (cont.):

- ☐ Video - or Internet-capable iPads, laptops, iPods, Apple watches
- ☐ Valuables (jewelry, cash, etc.)
- ☐ Camping knives or real weapons of any kind
- ☐ Lighters or matches
- ☐ Tobacco products, marijuana, or illegal drugs or alcohol
- ☐ Food items – all food will be provided unless otherwise arranged

We are a tech-light zone — only digital cameras and non-video music players are permitted.

ORDERING NEW SHIRTS

One complimentary t-shirt will be provided to your camper for the season. If you would like to purchase an additional t-shirt, you can do so via our Shopify store through May 28, 2025 and through your CampSite account from May 28-July 28, 2025.

To order an additional t-shirt via CampSite, please log-in to CampSite, click the Enrollment tab, and select "Purchase additional options for 2025" under your camper's name.



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